



## John W. Post, Jr.

June 8, 1943 - May 7, 2017

Post, John W., Jr. "Jack", of Holland, MI and Bradenton, FL, age 73. passed into the loving arms of his heavenly father on May 7, 2017, joining his son, John W. III who predeceased him in 2011. Jack was the dearly loved husband of Arden Ruth De Vries Post, beloved father of Caroline Post Cone of Franklin, TN, Janine Post-Anderle (Rev. Joel) of Peabody, MA, and daughter-in-law, Audrey Hovinga Post of Grand Rapids. His grandchildren will treasure memories of Grandpa Jack on the beach at Lake Michigan and rides on the wave runner: Courtney, Tanner, Carli, and John William (Jack) Cone; Micah, Evangeline, Sophia, Magdalena, and Mattias Anderle; Simon John, Samuel, and Lucy Post. After graduating from Grand Rapids Christian High School, Calvin College, and obtaining his M.A. from Michigan State University, Jack entered the management program with Keebler Company. His career spanned 34 years in bakeries in Denver, Philadelphia, Atlanta, Cincinnati, and Grand Rapids. In retirement Jack volunteered with Habitat for Humanity and Jubilee Ministries in Holland, MI. He "loved swinging a hammer" and learning from those with whom he worked. Jack was born June 8, 1943 to John W. and Marjorie Helmholtz Post, who predeceased him as did his brother-in-law, Robert Hudson. In addition to Arden, his wife of 52 years, Jack is survived by his siblings: Mary Hudson, Pat Post, Jo (Ken) Blackport, Mike (Barb) Post, Charlie (Elaine) Post, Betsi Post and several nieces and nephews. The family wishes to thank Dr. Nikhil Munshi of Dana-Farber Cancer Institute in Boston, MA, for the stem cell transplant in 2009 that added years to Jack's life; Dr. Eric

Batts and staff of Cancer and Hematology in Holland, MI, Drs. Brown and Whorf of Florida Cancer Specialists, and a special thanks to Dr. Ken Shain, nurse Christine Simonelli, and NP Casey Goodman of Moffitt Cancer Center. Visitation will be 4-6 pm on Friday, May 26 and a service will be held at 12 noon on Saturday, May 27 at the Red Brick building at Harderwyk Christian Reformed Church in Holland, MI. In lieu of flowers, the family suggests donations to the DeVries-Post Teacher Education Scholarship at Calvin College, 3201 Burton S.E., Grand Rapids, MI 49546 or to Moffitt Cancer Center, Multiple Myeloma Research, 12902 Magnolia Drive, Tampa, FL 33612. [www.langelandsterenberg.com](http://www.langelandsterenberg.com)

# Tribute Wall



“ *John W. Post, Jr.*

August 31, 2022 at 01:26 PM



“ *"My very sincere sympathy to you Arden in the death of your dear Jack."*

**Ruth Knott** - May 26, 2017 at 12:00 AM



“ *"Dear Janine and family, May the love of God, family and friends and memories of joyfilled times together sustain you all. In Christian love, Donna and John Agurkis"*

**Donna** - May 25, 2017 at 12:00 AM



“ *"So sorry for you and the girls Arden. I know that you miss him, but he was a believer, so you will see him again. May the Lord bless you and keep all of you."*

**Bob Wattez** - May 25, 2017 at 12:00 AM



“ *"Arden, Janine, Carolyn, Audrey and families You have my deepest sympathy in the death of your husband, father and grandfather. I pray that God's grace will continue to surround all of you as you grieve Jack's death."*

**Sharon Etheridge** - May 22, 2017 at 12:00 AM

AF

“Dear Arden and family, Rich and I want to express our deepest sympathy to you. May God surround you with his everlasting arms and give you peace. Joy and Rich Anema”

A friend - May 20, 2017 at 12:00 AM

CD

“Mrs. Post and Caroline, Janine, Audrey...everyone: We are so sad to know you've lost your dear husband and father. He was a dear and kind man with so many great qualities. I will always remember him so very fondly and recall the Keebler cookies he provided Janine with at Hope College for our late nights of study. Seeing him so happy at Lake Michigan with his family and grandkids was a joy for us. I'm so glad to have known him. Claudine Duncan”

Claudine Duncan - May 17, 2017 at 12:00 AM

LW

“Dear Arden - I too am sorry to read of your loss of Jack. May the God of all comfort solace your heart.”

Lloyd Wolters - May 16, 2017 at 12:00 AM

VU

“I'm grateful for the presence of this sweet, kind man at our Gilda's Club meetings. it was always such a pleasure to see him.”

Victoria Upton - May 16, 2017 at 12:00 AM

AF

“I am so sorry for the loss of your loved one. May the words of John 6:40 bring you comfort. CR”

A friend - May 15, 2017 at 12:00 AM

JW

“Dear Arden: You and your family are in my thoughts and prayers as you remember Jack's life so well lived. May God's strength be yours as you embark on the next chapter of your life. Sending my sincere condolences.”

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**Jane Warners** - May 15, 2017 at 12:00 AM

AF

“Prayers for you Arden and the family. We had the privilege of working for John at Keebler and enjoyed his company at the Kellogg picnic in Florida in recent years. Mary and Doug Cowham”

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**A friend** - May 14, 2017 at 12:00 AM

AF

“I remember John as a true and respected gentleman. My thoughts and prayers are with you. A fellow co-worker of many years ago. George Tuinstra”

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**A friend** - May 14, 2017 at 12:00 AM