



## Lucinda "Cindy" Arenas

May 12, 1949 - December 22, 2022

“Where there is deep grief, there was great love”. There are no words and there are so many words as we announce the passing of Lucinda (Cindy) Kay Arenas of Holland, Michigan. She passed away unexpectedly at age 73 on Thursday, December 22, 2022 surrounded by loved ones.

Cindy was born in Holland, Michigan on Thursday May 12, 1949 to Melvin and Joan Kragt, and grew up in Holland with her older brother, Tim, and younger brother, Mike. Her mother, Joan, was very involved in her community and could bake or cook anything – she was one of Cindy’s greatest inspirations. Cindy said her mom was, “...the strongest and most independent person I knew.” It is clear that Cindy derived her humor, charisma, and lovingness from her mom.

Cindy met Richard Arenas during their time at Holland High School. Cindy and Rich married in February 1967, celebrating 55 years of marriage this year.

Less than a month after her mother’s passing in 1967, Cindy gave birth to her first-born, Melissa. She went on to have two more daughters, Reneé in 1968, and Sarah in 1971.

Cindy was very active in all of her children’s lives, from being a room mother in elementary school to being a constant presence at all of their extra-

curricular activities throughout middle and high school. Missy, Reneé, and Sarah's friends found a very welcome space in Cindy's home. The infamous candy cupboard was a main attraction as well as her way of making everyone feel comfortable. She built special relationships with many of their friends. Cindy prepared her daughters for college (MSU and U of M) and life by her never-ending support.

Her first grandchild, Jack Groothuis, and second, Abigail Sprick, born 11 days apart, arrived in December 2000. The family expanded further with the birth of Lucy Groothuis in March 2002, and Claire Sprick in August of the same year. In March 2010, the birth of Lilian Sprick completed Cindy's harmonious family unit.

Cindy was an omnipresent and immensely impactful figure throughout the twelve to twenty-two years she was able to spend with her grandchildren. She was their biggest fan from pre-K to college in several different sports. Whether it was hours sitting in the bleachers at a volleyball tournament or in the freezing cold/rain during soccer games, Cindy was always there. Athletics aside, many remember Cindy's commitment in other ways: her help with vocabulary tests and a variety of other volunteer roles at Lakeshore Elementary, her attendance at orchestra and choir concerts, theater productions, robotic events, her carpool rides for the grandchildren and their friends/teammates.

Cindy was preceded in death by her mother, Joan Winslow, in 1967, by her father, Melvin Kragt, in 1980, and by her best friend, Grace Piersma, in 2016.

Cindy is survived by her husband, Richard Arenas; daughter, Missy Groothuis; daughter, Reneé Sprick and son-in-law, Scott Sprick; daughter, Sarah Arenas; grandson, Jack Groothuis; granddaughters, Abigail Sprick (fiancé Jarrett Baker), Lucy Groothuis, Claire Sprick, and Lilian Sprick. Two brothers: Tim

(Linda) Kragt and Mike (Pat) Kragt; sisters-in-law: Rachel Guerrero and Rosemary Arenas; and several nieces and nephews. Cindy is additionally survived by Kevin Groothuis (father to Jack and Lucy), Tami Groothuis & Kate Snyder (aunts to Jack and Lucy), along with her "honorary grandchild" Caleb Lowell.

Because we loved her, we will miss her forever.

#### Visitation

Thursday, December 29, 2022 from 4:00 p.m. - 7:00 p.m.

Langeland-Sterenbergh Funeral Home, 315 E. 16th St., Holland, MI 49423

#### Memorial Service

Saturday, December 31, 2022 at 11:00 a.m.

Langeland-Sterenbergh Funeral Home, 315 E. 16th St., Holland, MI 49423

Cindy's service can be viewed at:

<https://www.facebook.com/LangelandStereberghFuneralHome/videos/1298793254309945>

In lieu of flowers, please consider donations in Cindy's memory to:

The Panther Fund - <https://www.thepantherfund.org/>

Ed and Nancy Hanenburg Children's Advocacy Center- <https://cacottawa.app.neoncrm.com/np/clients/cacottawa/donation.jsp>

Harbor Humane Society - <https://harborhumane.org/donate/>

# Previous Events

## Visitation

DEC **29**. 4:00 PM - 7:00 PM (ET)

Langeland-Sterenberg Funeral Home  
315 E 16th St  
Holland, MI 49423  
(616) 392-2306  
info@langelandsterenberg.com  
<http://langelandsterenberg.com/>

## Memorial Service

DEC **31**. 11:00 AM (ET)

Langeland-Sterenberg Funeral Home  
315 E 16th St  
Holland, MI 49423  
(616) 392-2306  
info@langelandsterenberg.com  
<http://langelandsterenberg.com/>

# Tribute Wall



“ *Langeland-Sterenberg Yntema Funeral Homes created a Lucinda "Cindy" Arenas Memorial Service in memory of Lucinda "Cindy" Arenas*



Langeland-Sterenberg Yntema Funeral Homes - December 31, 2022 at 02:11 PM



“ *Langeland-Sterenberg Yntema Funeral Homes created a Tribute Video in memory of Lucinda "Cindy" Arenas*



Langeland-Sterenberg Yntema Funeral Homes - December 29, 2022 at 12:55 PM

BW

“ *Sending our love and deepest sympathy to Abby and the Sprick family, and the entire family of Cindy, as you struggle with the death of your dear grandmother and mother. Know you are in our prayers. May our Lord surround you with his strength and peace.*

*Bonnie and Phil Wessels*

Bonnie Wessels - December 31, 2022 at 01:04 AM

GH

*I just read this terribly sad obituary, Missy, Renee, and Sarah and Rich. My heartfelt sympathy to you and your families. We have many fond and happy memories.*

*Gail Hering*

---

**Gail Hering** - January 02, 2023 at 11:08 AM

DD

*I'm so sad to hear this news, I'm Cindy's stylist, she was such a great lady and she surely will be missed in my chair, she always always talked about the love and how proud she was of her grandchildren. Prayers to the family . Cindy I will see you again someday💕💕*

---

**donna diepenhorst** - January 13, 2023 at 11:21 PM



“ Full Of Love Bouquet was purchased for the family of Lucinda "Cindy" Arenas.



---

December 28, 2022 at 08:43 PM

BR

“ *Cindy was such a kind, loving, fun, supportive, caring soul. Her love for her family was inspirational. Friendships were deep and everlasting. It is with deepest sympathy, especially to Rich, Missy, Renee & Sarah that I write this. Cindy may be physically away from us, but her beautiful spirit will never be forgotten.*

*Bonnie Ryzenga*

---

**BONITA RYZENGA** - December 28, 2022 at 08:15 PM



“ *Divine Peace Bouquet was purchased for the family of Lucinda "Cindy" Arenas.*



---

December 28, 2022 at 03:53 PM



“ *Cindy is an amazing human who gave of herself during the pandemic making 100's of masks for those in need. I enjoyed her giving spirit and kind heart. I'm so sorry to Cindy's family for this huge loss. My heart is with you. Penny Garlock*

---

**Penny Garlock** - December 28, 2022 at 11:08 AM



“ *Peaceful White Lilies Basket was purchased for the family of Lucinda "Cindy" Arenas.*



---

December 27, 2022 at 02:58 PM



“ *Aunt Cindy and Uncle Richie, I am sorry to hear the news. I have memories of Christmases when Grandma was around and how I remember Aunt Cindy laughing so loud. She truly enjoyed her laughter and she was bright spot when I heard that laughter for me. Love you both and hugs for my cousins. Monica (Rivera) Peach*

---

**Monica Peach** - December 27, 2022 at 10:55 AM



“ *Full Of Love Bouquet was purchased for the family of Lucinda "Cindy" Arenas.*



---

December 27, 2022 at 09:46 AM



“ *1 file added to the album Tribute Wall*



---

**Rosa Arenas** - December 27, 2022 at 01:12 AM



“ *1 file added to the album Cindy Arenas*



---

**Rosa Arenas** - December 27, 2022 at 01:11 AM



“ *Arrive in Style was purchased for the family of Lucinda "Cindy" Arenas.*



---

December 26, 2022 at 06:52 PM